
Zoom On: Silvio A. Ñamendys-Silva, President, Mexican Board of Critical Care Medicine 2014-2016



[Dr. Silvio Ñamendys-Silva, MD, DHCA, MSc, FCCP](#)

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Dr. Silvio Ñamendys-Silva, MD, DHCA, MSc, FCCP is [President of the Mexican Board of Critical Care Medicine](#) (2014-2016). He is the department head of Critical Care Medicine and Fellowship Program Director, Department of Critical Care Medicine, Instituto Nacional de Cancerología in Mexico City, Mexico. He is a clinical researcher for the Department of Critical Care Medicine, Instituto Nacional de Ciencias Médicas, and Nutrición Salvador Zubirán.

We put our 7 questions to Dr. Ñamendys-Silva.

1. What are your key areas of interest and research?

Acute respiratory distress syndrome, pulmonary arterial hypertension, sepsis, and critical care of cancer patients.

2. What are the major challenges in your field?

To conduct prospective, randomised, controlled clinical trials in critically ill cancer patients to have sufficient evidence to modify the management issues in this population.

3. What is your top management tip?

Know who are the people involved to make the team work, where we are, and where we want to go, understand the certainties of our task, understand the uncertainties, and determine how we evaluate our efforts and allow ourselves to go forward.

4. What would you single out as a career highlight?

To study and work in a foreign medical system promoted my personal and professional growth, and gave me the vision I needed to develop my interests as I do today.

5. If you had not chosen this career path you would have become a...?

Professional baseball player.

6. What are your personal interests outside of work?

Listening to jazz music, reading about politics and economics.

7. Your favourite quote?

"Education is the most powerful weapon which you can use to change the world" (Nelson Mandela).

Published on : Tue, 28 Apr 2015