



## Zoom On: Sharon Einav, ICM Subcommittee, European Society of Anaesthesiology



### **Prof. Sharon Einav**

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Sharon Einav, MSc, MD has chaired the subcommittee for Intensive Care Medicine at the [European Society of Anaesthesiology](#) since January 2014. She is Professor of Anaesthesia and Intensive Care, Hebrew University Faculty of Medicine, Director of Surgical Intensive Care and Chair of the Resuscitation Committee at [Shaare Zedek Medical Center](#), Jerusalem, Israel. Prof. Einav is President of the [Israel Society of Resuscitation](#), the Israel country representative for the [European Society of Intensive Care Medicine](#), and is a member of the Steering Committee, [Disaster Response Network, American College of Chest Physicians](#).

#### **1. What are your key areas of interest and research?**

Mostly quality of care and outcomes of cardiopulmonary resuscitation and maternal critical illness.

#### **2. What are the major challenges in your field?**

- In resuscitation - the need to reconcile some of the outcomes we achieve with our personal preferences in terms of quality of life. This is an ethical rather than a medical issue but it often leaves one with a sense that there is still much to be done to improve.
- Regarding maternal critical illness – I would say recognition that this is a field that needs to be researched. Pregnant women have been excluded from clinical trials for so long that we are lagging decades behind other cohorts in terms of data.

### **3. What is your top management tip?**

- Encourage people to do what they do best when such opportunity arises.
- Success begets the strength to withstand failure.

### **4. What would you single out as a career highlight?**

I have been involved in writing several guideline papers (Jeejeebhoy et al. 2015; King et al. 2014). It is a great privilege to know that one has had such opportunities to make a real impact on clinical practice.

### **5. If you had not chosen this career path you would have become a...?**

Writer of fiction books for children. There are no limits to human imagination and no imagination is more unbound than that of a child.

### **6. What are your personal interests outside of work?**

I dance Flamenco 2-3 times a week and read almost anything I can get my hands on. As a hobby I am also a mother of 3 daughters and am happily married to my husband 25 years.

### **7. Your favourite quote?**

"Deus ex Machina". It means that things/situations that seem to have no solution at this moment in time, may be resolved by a moment of inspiration or by a new turn of events.

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