



## Zoom On: Professor Paolo Pelosi - ICU Management Editorial Board Member



### [Prof. Paolo Pelosi](#)

Editorial Board Member since 2009

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Professor Paolo Pelosi is Chief Professor in Anaesthesia and Intensive Care and Director of the Speciality School in Anaesthesiology at the University of Genoa as well as Head of the Anaesthesia and Intensive Care Unit at the IRCCS San Martino-IST Hospital, Genoa, Italy.

To find out more, we asked our 7 questions:

#### **1. What are your key areas of interest and research?**

My main areas of interest and research are pathophysiology of acute hypoxaemic respiratory failure, protective mechanical ventilation in non-injured and injured lungs, and perioperative medicine.

#### **2. What are the major challenges in your field?**

To conduct experimental research in more realistic animal models, large observational and randomised controlled trials to evaluate the effects on outcome of protective mechanical ventilation strategies in non-injured and injured lungs.

#### **3. What is your top management tip?**

Team work: to make everyone happy, to perform excellent clinical, educational and research activities by using limited resources.

#### **4. What would you single out as a career highlight?**

None, my career highlight has always to come in the future, if it will ever come.

#### **5. If you had not chosen this career path you would have become a...?**

Chemical engineer.

#### **6. What are your personal interests outside of work?**

Staying with my family, reading history books, playing tennis and swimming.

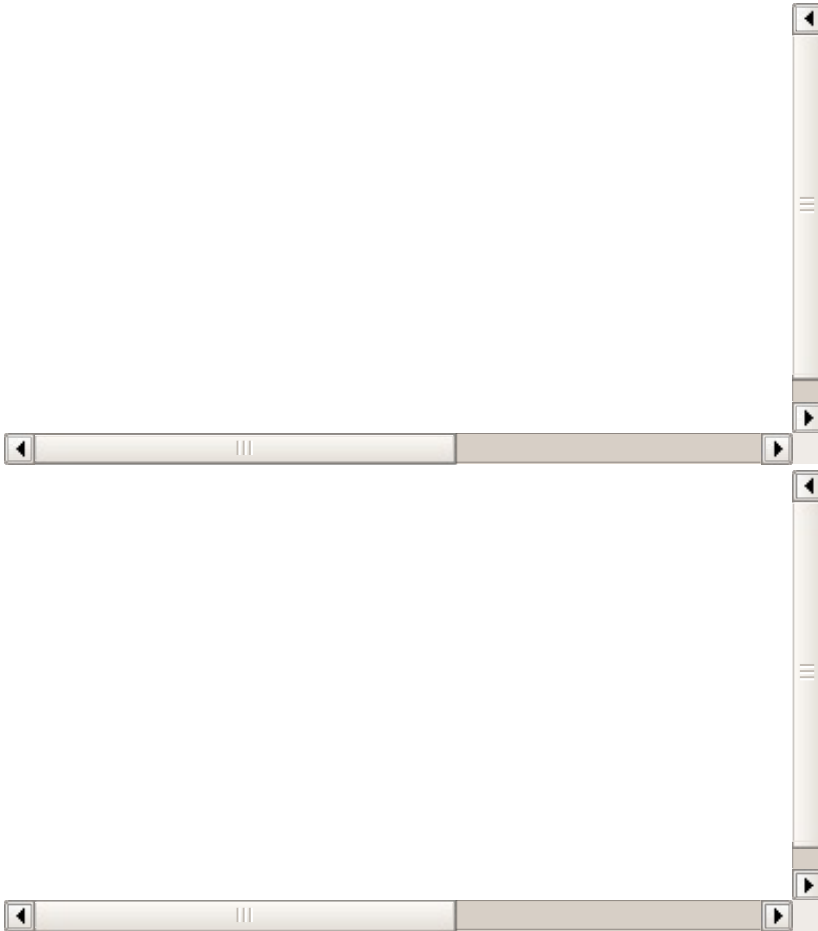
#### **7. Your favourite quote?**

"When you're at a crossroads and it has a road that goes up and one that goes down, takes the one that goes up. It is easier to go downhill, but eventually you will find yourself in the valley. To climb there is more hope. It's difficult, is another way of seeing things, it is a challenge, keeps you alert." From: "The end is my beginning" Tiziano Terzani (2006)

Prof. Pelosi grew up in Milan and attended the University of Milan, graduating magna cum laude in Medicine and Surgery. He completed his studies as Specialist in Anaesthesia and Intensive Care and then as Research Fellow in Anaesthesiology at the University of Milan. He served as Associate Professor in Anaesthesia and Intensive Care Medicine at the University of Insubria, Varese from 1999 to 2010.

Prof. Pelosi has collaborated with groups in European and extra-European countries, for research in the field of mechanical ventilation and sepsis in experimental and clinical settings. He is also experienced in meta-analysis and leading large prospective randomized controlled trials as well as observational trials. He is actively involved in the Fellowship and Resident educational programme at the University of Genoa. He served as President of the European Society of Anaesthesiology ESA (2010-2011) and first as Secretary and then as Head of the Respiratory Intensive Care Assembly 2 at the European Respiratory Society. He has authored over 300 medical and scientific peer reviewed papers, 80 book chapters and has lectured in more than 1,000 national and international meetings on ventilation management during the perioperative period and on the pathophysiology and treatments of acute respiratory failure.

#### ISICEM 2015 I-I Interviews with Prof. Paolo Pelosi on Mechanical Ventilation During Surgery



#### Further Reading

Sutherasan Y, Rodríguez-González R, Pelosi P (2014) [Prevention of perioperative complications: "It takes a village to raise a child."](#) ICU Management, 14(3): 26-8.

Sutherasan Y, Brunetti I, Pelosi P (2013) [Ventilation after cardiac arrest.](#) ICU Management, 13(3): 28, 30-1.

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Pelosi P, Gregoretti C, Chidini G, Calderini E (2011) [Conventional and non conventional interfaces for non invasive respiratory support in adults and children. Part two: descriptions, advantages and contraindications.](#) ICU Management, 10(4): 16,18,20.

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