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Zoom On: Prediman K. Shah, Director Oppenheimer Atherosclerosis Research Center





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Prediman K. Shah, MD, Director of the Oppenheimer Atherosclerosis Research Center and the Shapell and Webb Family Chair in Clinical Cardiology, is to be named a Master of the college from the American College of Cardiology during the medical society's 64th Annual Scientific Session & Expo.

Shah is a Professor of Medicine and Cardiology. He is recognised for his immense contributions to cardiac patient care, research and teaching.

In the early 1990s, Shah and his team began studying a mutant gene that was found in a small number of inhabitants of a town in northern Italy. Residents who had the gene, called Apo A-1 Milano, produce a form of "good" cholesterol that provides greater protection against vascular inflammation and atherosclerosis. Shah's work with the Apo A-I Milano protein was the subject of CBS' 60 Minutes in1994 and 1995.

Shah received his premedical degree from Sri Pratap College in Srinagar, Kashmir, India and his medical degree from Medical College in Srinagar. He completed an internship at SMHS Hospital before moving on to New Delhi's All India Institute of Medical Sciences for a residency in neurology. Shah completed two more residencies in internal medicine at Mount Sinai in Milwaukee and at Montefiore Hospital of Albert Einstein College of Medicine in New York. He also completed his cardiology training at Montefiore Medical Center of Albert Einstein College of Medicine in New York.

Shah is the past recipient of Distinguished Scientist as well as Gifted Teacher award from the American College of Cardiology. He is past-president of the American Heart Association (AHA) - Western States Affiliate and a member of the AHA-Western Regional Board.

Shah has edited three books on heart disease and published more than 628 scientific papers, reviews, book chapters and abstracts. He serves on the editorial boards of several peer-reviewed journals including Circulation, American Journal of Cardiology, Journal of the American College of Cardiology, Arteriosclerosis, Thrombosis and Vascular Biology, International Journal of Heart Failure among others.

Shah has served as visiting professor to Japan, Taiwan, Argentina, Chile and Brazil as well as respected medical and educational centres, including the Cleveland Clinic, Mayo Clinic, Texas Heart Institute, University of Utah, University of Virginia, University of Texas, University of California, and Massachusetts General Hospital of Harvard Medical School. He is a fellow of the American College of Cardiology (ACC), the American College of Physicians, and the American College of Chest Physicians.

Shah has won numerous awards including the Gifted Teacher Award from the American College of Cardiology, an Excellence in Teaching Award from the dean of the University of California and two Golden Apple Awards from the school's senior medical students. He has received a Lifetime Achievement Award from the Los Angeles-American Heart Association and the Heart Saver award from the Save-A-Heart Foundation and Humanitarian Award from the United Hostesses Charities in 1995 and 2006. He received the Pioneer in Medicine Award by Cedars-Sinai Medical Center in 2007 and the annual distinguished teaching award from the Cardiology Fellows at Cedars Sinai in 2008. He has also received The James B Herrick Award and The Laennec Society Lectureship Award and The Steven S. Cohen Humanitarian Award from The Heart

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