

### Zoom On: John Marini, Professor of Medicine, University of Minnesota





Prof. John Marini
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Professor of Medicine - Regions Hospital-University of Minnesota

John J. Marini is Professor of Medicine at the University of Minnesota in the United States and Director of physiological and translational research, Regions Hospital, St. Pauls, Minnesota. Dr. Marini is a valued member of the ICU Management Editorial Board.

### What are your key areas of interest and research?

Applied physiology of respiratory failure and its management.

#### What are the major challenges in your field?

Too many. Defining what we are actually dealing with; Preventing injury, Promoting recovery, Timing the Therapeutic flip from rescue to rebuilding, Adaptation; Unravelling the complex interactions and timing of pathophysiology and treatment of critical illness..

#### What is your top management tip?

Genuinely value and respect others at all levels of the caregiving team.

#### What would you single out as a career highlight?

Knowing that new observations help understanding of bedside patient management.

## If you had not chosen this career path you would have become a...?

I can't easily imagine. Teacher or physical scientist, I suppose.

## What are your personal interests outside of work?

Athletics and outdoor activities, travel, study of languages.

# Your favourite quote?

- "Money may not be the root of all evil but it's a damn good fertilizer!" (My own modification of a well known proverb.)
- "Do unto others as you would have them do unto you." (Anonymous)

Dr. Marini studied medicine at the John Hopkins University School of Medicine in Baltimore, Maryland and the University of Washington, Seattle. He is co-author of the textbook *Critical Care Medicine: The Essentials* (4th edition, 2009), and has published more than 450 articles.

In October, he was <u>awarded Honorary Membership</u> of the European Society of Intensive Care Medicine (ESICM) at its congress in Berlin. ESICM president-elect Prof. Masimo Antonelli notes in the <u>nomination</u> that Dr. Marini is "an inspiring example for the younger generation of doctors"

Dr. Marini's other awards include:

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- 2015 International Achievement in Intensive Care Medicine Award, from the Chilean Society of Intensive Care Medicine.
- 2015: Annual Award for Outstanding Scientific Achievement in Intensive Care, SMART Annual Symposium, Milan .
- 2014 Forrest M. Bird Award for Lifetime Scientific Achievement in the field of respiratory care, American Respiratory Care Foundation (ARCF).
- 2011 Distinguished Achievement Award, American Thoracic Society (ATS) .
- 1998 <u>Jimmy A. Young Medal, American Association for Respiratory Care (AARC)</u>, which recognises individuals who have made lasting and sustained contributions to the profession of respiratory care and the AARC.

Dr. Marini is on the Advisory Board of <u>Critical Care</u>, and sits on the Editorial Boards of <u>Respiratory Care</u>, <u>Intensive Care Medicine Experimental</u>, and the <u>Egyptian Journal of Critical Care Medicine</u>.

#### **Further Reading**

Marini J (2014) Evidence in intensive care: an interview with Professor John Marini. ICU Management, 14(2): 38-40.

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