



## Zoom On: Bernd Saugel



### **Prof. Bernd Saugel, MD, EDIC**

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Bernd Saugel, MD, EDIC is a Professor of Anesthesiology and works as a consultant in the Department of Anesthesiology, Center of Anesthesiology and Intensive Care Medicine, University Medical Center Hamburg-Eppendorf, Hamburg, Germany. Prof. Saugel is a specialist in anaesthesiology, intensive care medicine, and internal medicine and holds a European Diploma in Intensive Care Medicine. His primary field of research is the haemodynamic management of high-risk patients having surgery and critically ill patients.

#### **1. What are your key areas of interest and research?**

Personalised haemodynamic management in perioperative and intensive care medicine; innovative haemodynamic monitoring; Intraoperative hypotension and perioperative blood pressure management.

#### **2. What are the major challenges in your field?**

Showing that personalised haemodynamic management really improves patient-centered outcomes.

#### **3. What is your top management tip?**

Be an example and build a team.

#### **4. What would you single out as a career highlight?**

Every single day of work with my highly motivated enthusiastic team of medical doctors and students – and sharing with them the joy and satisfaction if a project eventually ends in interesting results.

#### **5. If you had not chosen this career path you would have become a...?**

Lawyer or psychiatrist (working as an anaesthesiologist and intensivist comprises a little bit of both).

#### **6. What are your personal interests outside of work?**

Literature from the 19th and 20th century, travelling, tennis.

## **7. Your favourite quote?**

"The best way to predict the future is to invent it" (Alan Kay).

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