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Workshop on the Art of Leadership, Gstaad, Switzerland, Jan. 4 - 6, 2007

Managers and leaders in the field of healthcare are under enormous pressure to deliver more, with fewer resources and in faster time. This pressure quickly translates into inefficiency, reduced effectiveness and personal stress, all of which are then transmitted to those people we manage and lead. Organised by Management in Radiology (MIR), the 2007 winter course is based on the theme of "The Art of Leadership: Managing Priorities and Stress in Yourself and in Those you Lead". The course will enhance an understanding of the significance of effective leadership in terms of time and stress management.

Participants will explore different approaches to the topic, focusing on leading a radiological department. Participants will learn how to deal with time and stress issues by assessing their current situation, simulations, discussions with colleagues and group work. Trainers Tony Poots and Gerhard Pohl will present practical tools and lead you through a combination of theory and practice, reflection and feedback. The topics are:

- Prioritisation
- Managing time
- Coping with stress
- Saying no
- 'Work/life' balance
- Helping others to deal with the challenge
- Finding time for regeneration and renewal.

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