

## Opportunities for Creating a Successful Nursing Workforce



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Vicky Tiase, Strategic Director and Assistant Professor at the University of Utah Health, and Whende M. Carrol, Clinical Informatics Advisor, gave their perspectives on the future of nursing, including the opportunities for success.

To retain a successful nursing workforce, adequate mentorship and leadership for new nurses must be ensured. One-on-one mentoring and coaching encourage new nurses to express their issues, address their needs, challenges and burden they experience. Additionally, it helps them address the moral distress of caring for higher-acuity patients during periods of staff shortages.

Nurses must become digitally literate so they can teach patients and caregivers how to navigate these tools and use them effectively. The digital healthcare divide can be closed if nurses are equipped with the digital health knowledge to share and teach.

By leveraging technology and implementing virtual care and natural language processing, nurses have more opportunity to lessen their workload, reduce chances of burnout and optimise care coordination strategies.

To shape the nursing curriculum so that they have a stronger understanding of health equity, it is important that students study real world case studies and solutions, and are provided with practicums to practice such skills. Additionally, academic institutions should ensure the inclusion of public health knowledge in class and projects. They must have a strong understanding of the different aspects of people's health, including the social and behavior determinants in order to fully comprehend all the various factors that represent their health.

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Published on : Thu, 1 Jun 2023