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### Nutritional challenges in ICU patients

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This symposium explored controversial aspects of the nutritional management of patients in the ICU. There are new concepts and old controversies such as the role of permissive underfeeding and the optimal timing of nutrient delivery. Glucose control is also one such area where there is still no widespread agreement on optimal targets for blood glucose control in ICU. In addition to modulating the provision of protein / energy delivery, speakers looked at the influence of nutrition on blood glucose control and discussed new clinical data suggesting that higher protein – lower carbohydrate enteral nutrition may improve glycaemic control without increasing the risk of hypoglycaemia.

#### [Glycaemic control in critically ill patients: how tight should it be?](#)

**Greet Van den Berghe, MD, PhD**

Department of Intensive Care Medicine, University of Leuven, Belgium

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#### [Dysglycaemia in the critically ill](#)

**Jean-Charles Preiser, MD, PhD**

Department of Intensive Care, Erasme University Hospital, Brussels, Belgium

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#### [Facilitated glucose control in the ICU through nutrition](#)

**Todd Rice, MD, MSc**

Vanderbilt University, Nashville, Tennessee, USA

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#### [The increased recognition of proteins in critical illness](#)

**Robert G Martindale, MD, PhD**

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