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### Norway

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#### Wireless System for Personalised Health Care

The research project MyHealthStation was started in 2005 to develop personalised health care for patients with chronic illnesses. Originally it was built as a stationary solution, where patients with chronic obstructive pulmonary disease (COPD) could watch training videos, monitor oxygen levels, maintain a personal health diary and keep in contact with physiotherapists, trained nurses and doctors to stay fitter.

In the follow-up project MyHealthService, researchers at Norut and TTL have added mobility to the solution. Health data can now be collected by wireless sensors, read on-the-go by ultra-mobile computers, and synchronised with the home base through the Internet.

For more information, please visit: <http://www.telemed.no/>

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