

More than 1.5 Billion Women Worldwide Lack Essential Health Screenings



Hologic Global Women's Health Index finds widespread barriers to preventive care and a growing gap in women's well-being between high- and low-income countries

More than 1.5 billion women worldwide lack screenings for cancer, heart disease, diabetes or sexually transmitted diseases/infections – even though these conditions together affect billions of women. The finding comes from one of the world's largest studies of women's well-being: the second annual Hologic Global Women's Health Index.

The report, released today, identifies many barriers to preventive care for women. These hurdles include struggles to find enough food and shelter, lack of educational opportunities and threats to women's safety. They contribute to widening gaps in women's well-being across high- vs. low-income countries, urban vs. rural areas, and highly- vs. less-educated individuals. The barriers also fuel record-high levels of worry, stress, sadness and anger among women worldwide.

All 122 countries and territories evaluated by the Index have significant room for improvement in women's health. The average global score was only 53 out of a possible 100, the highest score was 70 for Taiwan and the lowest score was 22 for Afghanistan.

"The lack of progress and, in some cases, backward momentum justify an even louder wake-up call for world leaders to do more for women, whose well-being underpins the health of families, communities, societies and economies," said Steve MacMillan, Chairman, President and CEO of the global medical technology innovator Hologic, Inc.. "Reliable data can ignite genuine change, and we look forward to engaging leaders worldwide to use the Index to champion women's wellness."

Hologic partnered with Gallup, a leading analytics firm, to create the Index. For the second annual report, approximately 127,000 people worldwide – including 66,000 women and girls aged 15 and older – were surveyed during 2021 in more than 140 languages. This immense reach means the Index represents 94% of the world's women and girls.

"We're proud to collaborate with Hologic to enable women to tell leaders about their health needs. As we jointly work with policymakers across the continents, we emphasize the importance of taking a comprehensive approach to elevating women's well-being," said Gallup Managing Partner Vipula Gandhi.

The Index provides a framework for achieving comprehensive progress. It looks at five interlocking dimensions of women's health: Preventive Care, Basic Needs, Opinions of Health and Safety, Individual Health and Emotional Health. Together, these dimensions account for more than 80% of the variances in women's life expectancy worldwide. They guide leaders in focusing on early detection and treatment of disease, creating stronger safety nets for life's basic needs such as food and shelter, keeping women safe and investing more resources to increase socioeconomic equity.

Shortfalls in these fundamentals bring about challenges that hinder women from making their health a top priority. About 85% of the women surveyed for the Index believe in the value of regular visits to a healthcare professional, but less than 60% of them had gone to a doctor, nurse, midwife or other health provider in the last year. Only 12% of women said they were tested for any type of cancer.

"As a physician who has worked with patients in different corners of the world for decades, I've seen firsthand how early detection of disease makes a critical difference in lifespan and quality of life for women. But when women have to choose between getting healthcare for themselves and finding the next meal for their families, they will likely deprioritize their health," said Dr. Susan Harvey, Hologic's Vice President of Worldwide Medical Affairs. "It's crucial for policymakers to see preventive care as part of a multidimensional, mutually dependent set of factors that should be jointly addressed."

HOLOGIC GLOBAL WOMEN'S HEALTH INDEX: FAST FACTS

- **What:** One of the largest studies of women's health in the world, created by global medical technology innovator Hologic and worldwide analytics leader Gallup. The second annual Hologic Global Women's Health Index report was released on September 21, 2022.
- **Scope:** The latest report draws from a 2021 survey of 127,000 people including 66,000 women and girls aged 15 and older in more than 140 languages. This statistical sampling represents 94% of the world's women and girls.
- **Rankings:** The Index assigns a women's health score (from one to 100) to each of 122 countries and territories, and then ranks them. The average global score was only 53, and no country/territory scored higher than 70.
 - Highest-ranking countries and territories: Taiwan, Latvia, Austria, Denmark, Estonia, Switzerland, Germany, Czech Republic, Israel and Norway.
 - **Lowest-ranking countries and territories:** Afghanistan, Congo, Venezuela, Türkiye, Lebanon, Togo, Benin, Ecuador, Peru and Gabon.
 - **U.S. placement:** score of 61, which ranks the country at #23.
- **Essential screenings:** 60% of female respondents (representing more than 1.5 billion women worldwide) said they weren't tested in the last year for cancer, high blood pressure, diabetes or sexually transmitted diseases/infections. Only 12% said they were tested for any type of cancer.
- **Healthcare disparities:** The gap in Index scores between high- and low-income economies nearly doubled to 22 points between 2020 and 2021. In addition, the gap between urban vs. rural women widened to six points. As for educational disparities, the gap between women with an elementary education vs. those who completed at least four years beyond high school grew to 13 points.
- **Emotional health:** 43% of female respondents said they experienced worry, while 41% reported feeling stress, 32% reported feeling sadness and 26% reported feeling anger. All these percentages are record highs since the Gallup World Poll began tracking emotional health a decade ago (and incorporated the same tracking into the Hologic Global Women's Health Index when it began).
- **Basic needs:** 37% of female respondents (representing nearly 1 billion women worldwide) said they at times lacked money to buy needed food for themselves and their families, while

30% (representing nearly 800 million women worldwide) said they at times lacked money for adequate shelter.

Click here for the latest Women's Health news

Source: Hologic

Image Credit: Hologic Women's Health Index

Published on : Wed, 21 Sep 2022