

Liva Appoints New CEO to Supercharge Global Growth



Liva Health, one of Europe's leading evidence-based digital health coaching providers, is pleased to announce the appointment of Shahram Sharif as its new group CEO.

Sharif will focus on Liva Health's ambition of scaling up its digital services of tackling chronic conditions through digital tools that deliver significant clinical outcomes, affordably at scale.

Liva Health's co-founder and chairman Rune Bech said: "This appointment will supercharge the global growth of Liva Health as a leader of scalable personalised digital health coaching to people with chronic lifestyle related conditions like Type 2 diabetes, obesity or cardiovascular disease".

On joining the team, Shahram Sharif commented: "I'm very excited to join Liva Health to further strengthen the company's strong position across Europe and beyond. Over the past five years Liva Health has established successful relationships with public health, life science, insurance and retail partners. I truly believe Liva Health has a massive potential for further growth, and I'm committed to ensuring we reach as many people as possible with chronic lifestyle related conditions and improve their health outcomes".

Sharif has more than a decade of experience innovating healthcare through digital solutions. He is the founder and former CEO of digital health startups LindaCare and AmWell, who has delivered tech enabled healthcare services including remote patient monitoring of chronic conditions and personalised reporting on the impact of lifestyle choices, across Europe and US.

He is a highly respected advisor to, and advocate of, health technology companies. His positions on the board of European Health Telematics Association Board (EHTEL) and Agoria Healthcare Technology Board see him bringing together major stakeholders to improve healthcare delivery through digital health solutions across Europe.

Most recently Sharif has led market expansion and growth as Chief Business Officer of Huma Therapeutics, a global digital health company enabling home treatment of chronic conditions and remote patient monitoring to power large scale decentralised clinical trials.

Sharif joins Liva Health on October 17th, while primarily based in the London office, he will also work across Copenhagen, Berlin and future offices as he will lead the opening of new Liva offices and operations in France and Benelux.

Source: [Liva Health](#)

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