
Integrative Medicine and Anti-Aging Physician Joins Lindora



Dr. Martha Wittenberg, M.D. Takes On New Role to Expand Wellness Services

Lindora Wellness, Inc. announced the addition of Dr. Martha Wittenberg as Lindora's Medical Director. Dr. Wittenberg will be largely responsible for expanding Lindora's wellness services throughout the brand's Southern California clinics, the company said.

"We're ecstatic about Dr. Wittenberg's decision to join our team," said Lindora's CEO, John Tangredi. "Not only does she bring a wealth of knowledge and experience, but she also continues to evaluate cutting edge integrative medicine trends. We believe that Dr. Wittenberg and the new services she will introduce will have significant benefits for our patients."

Dr. Wittenberg received her B.A. in Biology from Lehigh University and attended Drexel University in Philadelphia for her master's degree in Public Health and her Medical Degree. She is a graduate of the University of Irvine's Memorial Family Medicine residency program and is Board-certified in Family Medicine.

After being in traditional medicine for many years, Dr. Wittenberg pursued additional training in integrative medicine and hormone therapy. She is Board-certified by the American Academy of Anti-Aging Medicine and completed a Fellowship in Anti-aging, Regenerative, and Functional Medicine. Dr. Wittenberg has been practicing hormone replacement therapy in private practice since 2015. In addition to the Obesity Medicine Association, she is a member of the North American and International Menopause Societies.

Dr. Amy Lee, Lindora's Chief Medical Officer since 2016, remains in her role.

Source: [Lindora](#)

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