

## Healthcare Leadership Programs Give Results

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Doctors and managers working in the healthcare services need support and supervision if they are to handle their different leadership roles. However, there is often a lack of evaluations able to identify the forms of leadership development that are the most effective in practice.

For his doctoral thesis, senior physician David Bergman evaluated and compared two common approaches to leadership development in the Swedish healthcare system: Intensive leadership courses and group coaching, through which leadership skills are developed over a longer period under the supervision.

The coaching groups studied comprised 60 doctors, who underwent supervised coaching for two years, while the intensive courses were aimed at medical students and lasted a week. A leadership programme for managers consisting of a week

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