



Free WHO Course on Rehabilitation in COVID-19 Patients



The World Health Organization (WHO) has launched another free online course of its Clinical Management of Patients with COVID-19 course series. The latest addition is dedicated to the rehabilitation of such patients.

You might also like: [Digital Healthcare Focus: Integrating Telerehabilitation in Rehabilitation Care](#)

The course series consists of six courses aimed at healthcare professionals working with COVID-19 patients. It addresses various aspects of clinical management including facility preparation and surge planning; health worker infection prevention and control; interfacility transfer; clinical management of mild, moderate, and severely ill patients with COVID-19; special considerations for geriatric, pregnant, and paediatric patients with COVID-19; rehabilitation; and ethics and palliative care. Each course is divided into 5-8 modules and comprises video lectures and up-to-date useful materials for download.

In the course on rehabilitation of patients with COVID-19, there are seven modules that cover such aspect of rehabilitation care as cognitive impairment, physical deconditioning and weakness, respiratory impairment, swallow impairment, communication impairment and challenges in completing Activities of Daily Living (ADLs). Techniques for rehabilitation also are addressed. Specifically, there are following modules:

- Rehabilitation overview and care pathway
- Rehabilitation for patients with cognitive impairments after COVID-19 illness
- Rehabilitation for patients with physical deconditioning and muscle weakness after COVID-19 illness
- Rehabilitation for patients with lung impairment after COVID-19 illness
- Rehabilitation for patients with swallowing impairment after COVID-19 illness
- Rehabilitation for patients with communication impairment after COVID-19 illness
- Rehabilitation for patients with difficulty carrying out activities of daily living (ADLs) after COVID-19 illness

By the end of the course, participants should be able to understand the role of rehabilitation in

COVID-19 patient care; understand a range of rehabilitation-related impairments in COVID-19 and assessment for rehabilitation needs; be able to communicate with and provide recommendations to patients and their families.

The programme is self-paced and requires about three hours to complete. The instruction language is English.

You can enroll in the rehabilitation of COVID-19 patients course [here](#). More WHO courses on COVID-19 care are available [here](#).

Source: [WHO](#)

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