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1. What are your key areas of interest and research/assignment?

I trained in interventional cardiology but have also developed an interest in the impact of lifestyle changes on the prevention and treatment of coronary disease mainly because its impact on reducing adverse clinical outcomes dwarfs that of medical therapy.

2. What are the major challenges in your field?

Transparency of information that is given to patients in a manner that is understandable to them and helping them make decisions that is in keeping with their values and wishes.I suspect the next few years will see an avalanche of scientific corruption exposed as it is endemic within the system.

3. What is your top management tip?

Good management is the art of making problems so interesting and their solutions so constructive that everyone wants to get to work and deal with them. Engage, listen, act. There is no monopoly on wisdom.

4. What would you single out as a career highlight?

Becoming the youngest member to be appointed to the board of trustees of UK health think tank, the King's Fund tops it. It's a very prestigious and independent organisation that advises government on health policy.

5. If you had not chosen this career path you would have become a…?

I really can't think of any other profession other than Cardiology. It's in my blood.

6. What are your personal interests outside of work?

I love playing and watching sport. Cooking, playing guitar and going to the cinema give me great pleasure.

7. Your favourite quote?

"It is health that is the real wealth and not pieces of gold and silver." Gandhi

The full [Zoom On interview with Aseem Malhotra](#) and more healthcare IT and radiology leaders can be found in our [Blog section](#).

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