

ESC Congress to Focus On Cardiology Innovations



The European Society of Cardiology (ESC) <u>Congress</u> next month will be bigger, better and more interactive than ever before, says Professor Keith Fox, Chair of the Congress Programme Committee. Under the theme of "Innovation and the heart" the congress will explore innovations in science, the clinical application of studies and trials, the use of existing therapies, the assessment of impact and education. Professor Fox said, "We're trying to capture innovation at each stage". Delegates will be able to post questions from their smartphones or tablets

The congress will include a record 247 hot line and clinical update submissions. While the hotlines are under embargo and many are to appear in major journals, details are under wraps.

The hotline sessions will include:

- PARADIGM-HF comparing the impact of gold standard treatment with an ACE inhibitor to a new angiotensin receptor blocker-neprilysin inhibitor (ARNI) on mortality and morbidity. The trial was stopped early for a benefit to patients that was overwhelmingly statistically significant and the results will be revealed for the first time at ESC Congress.
- SOLID-TIMI 52 trial of the PLA2 inhibitor darapladib, the first trial in myocardial infarction.
- Innovative treatment approaches, including vagal stimulation for systolic heart failure (NECTAR-HF), nitric oxide inhalation to reduce reperfusion injury in STEMI (NOMI) and the novel anti-Xa rivaroxaban for cardioversion (X-VERT).

This year's abstract submissions totalled a record high of 11 444. At the end of June there were already 1 000 more delegates registered than at the same time last year. The congress will be international, with the largest delegations from outside Europe coming from Japan, Brazil, USA, China, Russian Federation and India.

In Barcelona itself Cardioprotected City events will be held by the ESC with the Spanish Society of Cardiology. Pharmacies in the city are to be equipped with an automated external defibrillator; the pilot phase in 100 pharmacies achieved 11 successful resuscitations in just a few months. Fox concluded, "The excitement of ESC Congress 2014 is that we have a truly interactive and multinational event and the whole object is that we're learning from each other."

Source: ESC Image source: Pixabay

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